



A contemporary Pilates Studio

Release and Liability Waiver

The Participant is aware that participation in a sport or physical exercise may result in accident or injury, and Participant assumes the risk connected with the participation in a sport or exercise and represents that Participant is in good health and suffers from no physical impairment which would limit their use of *pilates with darcie*, and Pilates for Life's facilities. Participant acknowledges that *pilates with darcie* and Pilates for Life has not and will not render any medical services including medical diagnosis of Participant's physical condition. Participant specifically agrees that *pilates with darcie* and Pilates For Life, its officers, employees, and agents, shall not be liable for any claim, demand, cause of action of any kind whatsoever for, or on the account of death, personal injury, property damage or loss of any kind resulting from or related to Participant's use of the facilities or participation in any sport, exercise or activity within or without the studio premises, and Participant agrees to hold *pilates with darcie*, and the studio Pilates For Life harmless from same.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Singed _____ Date: _____

First Name _____ Last Name _____

Address _____

City/State _____ Zip _____

Phone (H) _____ Phone(W) _____

Phone(C) _____ Birthday _____

E-Mail: _____

Referred By: _____ \ _____